

A Policy for Sex and Relationship Education

Introduction

Sex and Relationship Education(SRE) in Eastergate School is about the teaching of sex within loving and caring relationships. It promotes self esteem, emotional health and well being to help children form and maintain worthwhile and satisfying relationships. Teaching is based on respect for themselves and for others, at home, school, work and in the community. SRE will be taught in the context of relationships as part of the PSHE framework (Personal, Social, Health Education) of the school, and will take place with due consideration to the children's experience of family relationships.

It is our intention for all children to have the opportunity to experience a programme of SRE at a level which is appropriate for their age and physical development, with differentiated provision if required. Sex and Relationship Education is usually delivered in mixed gender groups; however there may be occasions where single gender groups are more appropriate and relevant.

Sex and Relationship education is delivered through science, RE, PSHE, citizenship, literacy activities and circle time. It is taught by classroom teachers, and if appropriate with support from teaching assistants and outside visitors such as the school nurse.

Aims

- To develop the knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils' self esteem, confidence, communication skills and assertiveness skills to cope with the influences of their peers, the media and their relationships with others
- To develop skills for a healthier safer lifestyle
- To help gain access to information and support
- To respect and care for their bodies
- To be prepared for puberty and adulthood

Curriculum Content

Foundation/Key Stage 1

See attached long term plan

Children learn about;

- the concept of male and female and about young animals
- skills to form friendships and think about relationships with others
- the importance of personal hygiene to maintain good health
- family relationships, different family groups and friendship
- rituals and traditions associated with birth, marriage, death and emotions involved
- co-operation with others in work and play
- recognising the range of human emotions and ways to deal with them
- personal safety

Key Stage 2

See attached long term plan

Children learn about;

- the physical, emotional and social changes at puberty, which include personal hygiene
- the basic biology of human reproduction in year 6
- relationships within a family, between friends and the community and that there are different patterns of friendship
- developing skills needed to form relationships and to respect other people's emotions and feelings

Resources to teach Sex and Relationship Education include fiction, reference books, leaflets and extracts from videos.

Channel 4 Living and Growing video Unit 1, 2 & 3 plus work books.

Unit 1 5-7yrs Differences / How did I get Here? / Growing up

Unit 2 7-9 yrs Changes / How babies are made / How babies are born

Unit 3 9-11yrs Girl talk / Boy talk / Let's talk about sex

All schools must teach the following as part of the National Curriculum Science Orders, parents do not have the right to withdraw their child/children from these aspects of the curriculum.

National Curriculum Science references

Key Stage 1

1. b) that animals including humans, move, feed, grow, and use their senses and reproduce
2. a) to recognise and compare the main external parts of the bodies of humans and reproduce.
f) that humans and animals can reproduce offspring and these grow into adults.
3. a) to recognise similarities and differences between themselves and others and
4. treat others with sensitivity.

Key Stage 2

1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction.
2. f) about the main stages of the human life cycle.

This content has been agreed in consultation with governors, parents and teaching staff.

Specific Issues

Parental consultation

The school includes information on sex and relationship education in the school prospectus and full details are available on request. The school informs parents of the relevant year groups when aspects of the sex education programme are taught and provides opportunities for parents to view the videos and resources being used.

Parents have the right to withdraw their children from those aspects of sex education not included in the National Curriculum Science Orders.

Child Protection

Staff need to be aware that effective sex and relationship education may lead to disclosure of a child protection issue. The staff member will inform the Head Teacher in line with the LA procedures for child protection.

Dealing with difficult questions

Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child's needs. Ground rules are therefore essential for this to take place.

If a teacher is reluctant, uncomfortable or if their religious views conflict with the subject, it is reasonable to ask that another member of staff teaches the agreed content of SRE.

Assessment, Recording and Reporting

Assessment is carried out in line with the assessment policy and grid. The co-ordinator monitors SRE through planning and lesson observations in line with the monitoring grid. In addition SRE is reviewed by the PSHE Governor termly who reports to the curriculum committee.

Date Written:

Signed Head teacher:

Signed Governors:

Staff present at time of writing: JH; GO; WA; GC; SJ; SE; ChL